

Tina Claiborne, PhD, AT, ATC, CSCS

Education

University of Toledo, Toledo OH
Major: Biomechanics
Minor: Gross Anatomy

Doctor of Philosophy, May 2003

University of Toledo, Toledo, OH
Major: Clinical Kinesiology

Master of Science, December 1999

Ithaca College, Ithaca NY
Major: Athletic Training/
Exercise Science
Minor: Coaching T&F

Bachelor of Science, May 1995
ATC: #069502458 / 1995
Michigan License: #L50225
NPI: #1982151189

Professional Experience

Full Professor/Graduate AT Program Director

8/07-present
Adrian, MI

Adrian College

- Graduate Athletic Training Program Director (2007-present)
- Inaugural Director and developer of Adrian College Institute for Sports Medicine (2017-2018, 2021-present)
- Developed first graduate education program at Adrian College (2010, HLC Accredited)
- Developed Adrian College's first CAATE accredited Bachelor's and Master's degree Programs
- Chair of Department of Exercise Science and Athletic Training (2013-2018)
- Oversee all aspects of the CAATE accredited Graduate Athletic Training Education Program
- Spearheaded first Tactical Strength & Conditioning major/minor in Michigan and the region (2024)
- Co-Developed new Master's Degree in High-Performance Coaching & Operations (2025)
- Designed new Athletic Training and Human Performance Labs (2008-2009)
- Preceptor educator and Clinical Education Coordinator (2007-2014)
- Teach undergraduate/graduate students in the Department of Exercise Science and Athletic Training
- Conduct scholarly activities, university and community service including curriculum design

Doping Control Officer

2005-present

United States Anti-Doping Agency (USADA)

Colorado Springs, CO

- Responsible for securing specimens from Olympic, Paralympic, Pan American, and select professional athletes in and out-of-competition in accordance with the anti-doping codes set forth by the World Anti-Doping Agency (WADA) and USADA
- Experienced with and international world sporting events (e.g. World Games 2023, Paris Olympics 2024), working closely with athletes, event staff and a team of sample collection personnel to maintain ethical and legal standards that guarantee the integrity of the entire sample collection and doping control process

AT Program Director/Assistant Professor

8/03-8/07

University of Southern Maine

Portland, ME

- Oversaw all aspects of the CAATE accredited AT curriculum and accreditation procedures
- Approved Clinical Instructor
- Taught undergraduate students in the Department of Exercise, Health, and Sport Sciences, as well as nursing students within the College of Nursing and Health Professions
- Conducted research and scholarly activities as they relate to the fields of injury prevention, sport performance enhancement, and athletic training education
- Provided university and community service by sitting on curricular committees and educating local athletes regarding injury prevention

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Athletic Trainer/Research Coordinator

8/98-6/03

Sports Care Rehabilitation

Toledo,

OH

- Worked as a part of a rehabilitation team specializing in surgical and non-surgical orthopaedic pathologies
- Clinical instructor for athletic training students
- Contracted as the co-head athletic trainer at Bedford High School (1998-2001)
- Interim head athletic trainer at Owens Community College (spring 2000, Fall 2002)
- Instituted injury prevention protocols for the performance enhancement department, Wildwood Health Pavilion

Clinical Athletic Trainer

8/95 – 8/98

Millbrook Orthopedic & Sports Physical Therapy

Millbrook, NY

- Specialized in the rehabilitation of surgical and non-surgical sports orthopaedic injuries, as well as fitness testing and performance enhancement programs
- Lectured to the community concerning current health and fitness issues including prevention and treatment of athletic injuries, peak performance, and sports nutrition
- Organized educational staff in-services, scheduling, and volunteer work

Head Athletic Trainer

8/95 – 8/98

Millbrook School & Indian Mountain School

Millbrook, NY/Salisbury, CT

- Contracted as the head athletic trainer for two private schools: Millbrook School (grades 9-12), and Indian Mountain School (grades 5-9)
- Responsibilities included prevention, evaluation, and treatment of all orthopedic injuries, home game coverage for boys' and girls' sports, team conditioning programs, record keeping, budget, inventory, and maintenance of athletic training room
- Consulted, researched, budgeted, and designed state of the art weight/fitness facility, and training room in a new \$9 million athletic complex

Teaching Experience

Adrian College/Department of Exercise Science and Athletic Training

Adrian, MI

Graduate

- Master's Thesis Chair, 2013-2024
- Pre-Hospital Care II (developed course), *Spring 2021-present*
- The Practicing Athletic Trainer (developed course), *Fall 2020-present*
- Advanced Clinical Skills I (developed course), *Fall 2011, 2013-present*
- Biomechanics (developed course), *May 2011, 2013, 2014*
- Athletic Training Administration (developed course), *May 2014-present*
- Orthopedic Assessment II (developed course), *Spring 2017-2020*
- Athletic Training Clinical Skills I (developed course), *Fall 2016-2020*
- Injury Recognition & Prevention (developed course), *Fall 2025*

Undergraduate

- Kinesiology, *Fall/Spring 2008-present*
- The Tactical Athlete, *Spring 2024*
- Not Just a Game (Honors program), *Spring 2022*
- Introduction to Athletic Training (developed course), *Fall 2021*
- Principles of Fitness, *Fall 2021*
- Exercise Science Senior Seminar, *Fall 2016, Spring 2017*
- Introduction to Research, *Fall 2016 - 2018*
- Orthopedic Assessment II (developed course), *Spring 2009-2017*
- Athletic Training Administration (developed course), *Fall 2010-2013*

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- Orthopedic Assessment I (developed course), Fall, 2007-2009
- Care and Prevention of Athletic Injuries, Fall/Spring 2007-2008
- Orthopedic Taping and Wrapping (developed course), Fall 2007
- Athletic Training Clinical Skills I (developed course), Fall 2007, 2014-2016
- Athletic Training Observation, Fall/Spring 2009,10

University of Southern Maine/Department of Exercise, Health, and Sport Sciences Gorham, ME
Undergraduate

- Kinesiology, Fall/Spring, 2003-2007
- Organization and Administration for Athletic Training, Fall 2003, 2004, 2006
- Health Related Research, All semesters and summers, 2003/04, 04/05, 05/06
- Athletic Training Principles II, Spring 2004
- Lifetime Physical Fitness and Wellness, Spring, 2005
- Independent Study in Sports Medicine, Spring, 2004, 2005
- Athletic Training Internship, Summer, 2004, Spring 2007

The University of Toledo/Department of Kinesiology Toledo, OH
Undergraduate

- Prevention and Rehabilitation of Athletic Injuries, Assistant instructor, Spring Semester 2001
- Therapeutic Modalities for Athletic Trainers, Assistant instructor, Spring Semester 2001
- Sports Medicine for Coaches, Assistant instructor, Spring Semester 2001
- Applied Biomechanics, Assistant instructor, Spring Semester 2001, Summer Session 2001

Graduate

- Human Biomechanics, Guest Instructor, Fall Semester 2002

Research Activities

Refereed Publications

- **Claiborne, TL**, Kochanek, J, Pangani J (2022). The impact of an intergroup dialogue workshop on culturally competent clinical behaviors in athletic trainers. *Athletic Training Education Journal*, 17(1), 1-11.
- Osterman, MJ, **Claiborne, TL**, Liberi, V (2018). Radius of care in secondary schools: Are automated external defibrillators accessible to provide optimal patient care? *Journal of Athletic Training*, 53(4),410-415. DOI: 10.4085/1062-6050-536-16.
- Rossi, A, Fetter, J, **Claiborne, TL**(2018). Preventing sudden death in a male collegiate wrestler, Part II: A Case Report. *International Journal of Athletic Therapy and Training*, 23(3), 124-127. DOI: 10.1123/ijatt.2017-0048
- Rossi, A, Fetter, J, **Claiborne, TL**(2018). Preventing sudden death in competitive athletes: Overview. *International Journal of Athletic Therapy and Training*, 23(3), 121-123. DOI : 10.1123/ijatt.2017-0047
- Rossi, A, **Claiborne, TL**, Thompson, G, Todaro, S (2016). The influence of friction between football helmet and jersey materials on force: A consideration for sport Safety. *Journal of Athletic Training*, 51(9), 701-708.
- Smith, B, **Claiborne, TL**, Liberi, V (2016) Ankle bracing decreases vertical jump performance and alters lower extremity kinematics. *International Journal of Athletic Therapy and Training*, 21(2), 39-46.
- **Claiborne, TL**, Timmons, M, Pincivero, D. (2009) Test–retest reliability of cardinal plane isokinetic hip torque and EMG. *Journal of Electromyography and Kinesiology*, 19(5), 345-352.
- **Claiborne, TL**, Toy, BJ. (2009). Conditions involving the thigh, hip, and sacroiliac joint. In Toy, BJ, Healy, P, Primary care for sports and fitness: A lifespan approach. Philadelphia, PA: FA Davis
- **Claiborne, TL**, Hou, S., Cappaert, T, (2006). Certified Athletic Trainers Provide Effective Care in the High School Setting. *Athletic Therapy Today*,12(2), 34-38.
- **Claiborne, TL**; Gandhi, V; Pincivero, DM. (2006).The relationship between hip and knee strength and valgus knee position during a single leg squat. *Journal of Applied Biomechanics*, 22(1), 41-50.

Refereed Abstracts & Conference Presentations

- Bahr, R, **Claiborne TL**, Christie, C (2025). Hydration Status and Fluid Replacement Habits of Female Ice Hockey Players. NATA Annual Symposium. *Journal of Athletic Training*, 60(6s), S-241
- **Claiborne, TL**, Bucher, R, Goetschius (2024). Athletic trainers' adherence to American Heart Association CPR guidelines. *Journal of Athletic Training*, 59(6s), S-58
- Heller, HM, **Claiborne TL**, Conway, D, Scarneo-Miller, S (2024). Emergency Action Planning for NCAA Division I Rowing: An Examination of Current Practices. *Journal of Athletic Training*, 59(6s), S-257.
- Zdan, KR, **Claiborne TL**, Goetschius, J (2023). Hydration status, sweat rates, and fluid balance during an on-ice training session in women's and men's collegiate ice hockey player, *Journal of Athletic Training*, 58(6s), S-257
- **Claiborne, TL**, Archambeau, B, Goetschius, J (2021). A comparison of change in body mass, urine color, and urine specific gravity to determine hydration status during college football preseason. CATA Research Webinar.
- **Claiborne, TL**, Archambeau, B, Goetschius, J (2021). A comparison of change in body mass, urine color, and urine specific gravity to determine hydration status during college football preseason. *Journal of Athletic Training*, 56(6s), S-76
- Osterman, MJ, **Claiborne, TL**, Liberi, V (2020). Radius of care in secondary schools: Are automated external defibrillators accessible to provide optimal patient care? *Journal of Athletic Training*, 55(6s), S-125.
- Grubbs, J, **Claiborne, TL**, Schuyler, H. (2011). Comparison between Kinesio tex tape and Elastikon elastic tape on upper trapezius inhibition. NATA National Convention, Free Communications Poster Presentation.
- **Claiborne, TL**, Toy, BJ. (2009). Personal Digital Assistants (PDA): An Innovative Tool to Enhance Clinical Education. NATA Educator's conference, Free communications Poster Presentation.
- **Claiborne, TL**. (2007). Eccentric hip and knee strength are significant predictors of knee abduction angle during a single leg squat. *Journal of Athletic Training*, 42 (2), S77.
- Toy, BJ, **Claiborne, TL**, Haring, K, Myers, J. (2007). Blending an athletic training education curriculum with other health care curricula over time. NATA Educator's conference, Free communications Poster Presentation.
- Towne, B, **Claiborne, TL**. (2007). Assessing proficiencies in the clinical setting: Results and positive student outcomes. NATA Educator's conference, Free communications Poster Presentation.
- **Claiborne, TL**, Leonard, C. (2006).The effect of gluteus medius and rectus femoris fatigue on EMG and center of pressure measurements. *Medicine and Science in Sports and Exercise*, 38(5), S439. Presented at ACSM National Convention, Free Communications Poster Presentation. May 2006.
- **Claiborne, TL**, Gandhi, V, Bucher, V, Armstrong, CW, Pincivero, DM. (2005). Electromyographic analysis of the single leg squat. *Journal of Athletic Training*, 40(2), S38-39. Presented at NATA Convention Free Communications Slide Presentation.
- Toy, BJ, Myers, JL, Liberi, V, **Claiborne TL**. (2005). Implementing and undergraduate athletic training program for the non-traditional aged student. NATA Athletic Training Educator's Conference, Poster Presentation.
- Liberi, V, Toy, BJ, Myers, JL, **Claiborne, TL**. (2005). Athletic training clinical proficiencies can be evaluated in the traditional athletic training setting following naturally occurring events. NATA Athletic Training Educator's Conference, Poster Presentation.
- **Claiborne, TL**. (2004). ACL prevention programs: Dispelling the Myths. Maine Athletic Trainers' Association Meeting. Guest Speaker.
- Liberi, V, Richards, JG, **Claiborne, TL**. (2004). The effect of wet and dry ball conditions on linear head accelerations during soccer heading. *Journal of Athletic Training*, 39(2), S39. Presented at NATA National Convention, Free Communications Slide Presentation. June, 2004.
- **Claiborne, TL**, Gandhi, V, Pincivero, DM. (2003).The relationship between hip strength and the kinematics of a single leg squat. ACSM National Convention, Free Communications Slide Presentation. May, 2003; ASB Annual Conference, Free Communications Poster Presentation.
- **Claiborne, TL**; Gandhi, V; Pincivero, DM. (2003) The relationship between hip and knee strength and valgus knee position during a single leg squat. *Medicine and Science in Sports and Exercise*, (35) 5, S347.
- **Claiborne, TL**; Timmons, M; Pincivero, DM. (2003) Test-re-test reliability of isokinetic hip strength. *Medicine and Science in Sports and Exercise*, 35 (5), S272. Presented at ACSM National Convention, Free Communications Poster Presentation..

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- Timmons, M, **Claiborne, TL**, Pincivero, DM. (2003). Test re-test reliability of cardinal plane primary mover EMG during maximal effort isokinetic hip contractions. ASB Annual Conference, Free Communications Poster Presentation.

Non-Refereed Presentations/Publications

- Feekings, B, Sharp, M, **Claiborne, TL** (2019). Effect of comfort on an athlete's desire to wear protective skull caps. *National Athletic Trainers' Association (NATA) Annual Meeting*, June 2019, Las Vegas, NV.
- Adams, J, Liberi, V, **Claiborne, TL** (2019). The effect of 2nd skull skullcap on the protective properties of ice hockey helmets. NATA Annual Symposium, Student Exchange Poster Presentation. NATA Annual Symposium, Student Exchange Poster Presentation. *National Athletic Trainers' Association (NATA) Annual Meeting*, June 2019, Las Vegas, NV.
- Reedy, L, **Claiborne, TL**, Liberi, V, Goetchius, J. (2018). The influence of parent education on helmet fit in youth ice hockey players. NATA Annual Symposium, Student Exchange Poster Presentation.
- **Claiborne, TL** (2017). Editorial: Looking Backward, Looking Forward, Looking Around . . . The Time Is Now. What is the best method of developing clinical scholars? *Athletic Training Education Journal*, 12(2), 62-72.
- Rossi, A, **Claiborne, TL**, Thompson, G, Todaro, S. (2016). The Influence of Friction Between Football Helmet and Jersey Materials on Force: A Consideration for Sport Safety. NATA National Convention, Student Exchange Poster Presentation.
- **Claiborne, TL** (2016). Ban the Average: Design to the Edges. *NATA News*. 29 (1), 10.
- **Claiborne, TL** (2016). Graduate athletic training buds from liberal arts roots. *NATA News*. 28(4), 10.
- Cameron, B, **Claiborne TL**, Fetter, J, Goetschius, J (2017). Knowledge of coaches and parents regarding recognition and pre-hospital care of potentially catastrophic events youth sports. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Reedy, L, **Claiborne, TL**, Liberi, V, Goetchius, J. (2017) The influence of parent education on helmet fit in youth ice hockey players. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Sheridan, N, **Claiborne, TL** (2017). Do short bouts of intense exercise influence short term memory? Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Bruck, O, **Claiborne, TL** (2017). Effect of Different Ankle Brace Types on Vertical Jump and Agility Performance in Volleyball Players. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Antos, A, **Claiborne, TL**, Lauver, J. (2016) Gender comparisons of electromyography of the lower extremity muscles during the ice hockey skating stride. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Borup, E, **Claiborne, TL**, Lauver, J. (2016). Gender comparisons in lower extremity muscle activation during dryland training exercises in collegiate ice hockey athletes. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Andonian, A, **Claiborne, TL**, Sharp, M. (2016). Acute effects of self-foam rolling on concentric knee extension torque and power. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Starr, B, **Claiborne, TL**, Darr, K. (2016). The effect of ammonia smelling salts on isokinetic torque, power, and alertness. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Fougousse, C, **Claiborne, TL**, Bozyk, K. (2015). The effect of hydration education on hydration status of youth ice hockey players. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Rossi, A, **Claiborne, TL**, Thompson, G, Todaro, S. (2015). The influence of friction between football helmet and jersey materials on force: A consideration for sport safety. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Osterman, M, Liberi, V, **Claiborne, TL**. (2015). Radius of Care: Calculating the area outside of the proper response time to an automated external defibrillator in secondary schools. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Smith, B., **Claiborne, TL**, Liberi, V. (2014). Influence of ankle bracing on lower extremity kinematics as well as gastrocnemius and soleus EMG during the vertical jump. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI, April.
- **Claiborne, TL**. (2011). Ethical consideration in sports medicine. Adrian College Institute for Ethics. Invited Speaker. Adrian, MI.

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- Exelby, A, Semma, P, **Claiborne, TL**. (2010) Inversion ankle sprain with a medial tibial fracture: A case study. Ribbons of Excellence Scholarship Program, Poster Presentation. Adrian, MI.
- Grubbs, J, **Claiborne, TL**. (2010). A comparison of Kinesio Tex tape and elastic tape for inhibition of the upper trapezius. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI.
- Grubbs, J, **Claiborne, TL**. (2009). Lumbar Disk Herniation with Associated Somatic Disorder: A Case Study. Ribbons of Excellence Scholarship Program, Poster Presentation. Adrian, MI.
- Tuck, K, Grant, C, **Claiborne, TL**. (2009). Chronic Patellar Subluxation. Ribbons of Excellence Scholarship Program, Poster Presentation. Adrian, MI.
- **Claiborne, TL**. (2007). Athletic Training Education: “Affectively” Debilitating?. *Athletic Training Education Journal*, 2(2), 47-48.
- Leonard, C, **Claiborne, TL**. (2006). Influence of hip muscle fatigue on EMG and center of pressure measurements. Thinking Matters: Student Research, Scholarship and Creative Symposium, Free Communications Poster Presentation. Portland, ME.
- **Claiborne, TL**. (2004). ACL Prevention Programs: Dispelling the Myths. Maine Athletic Trainers' Association. Invited Speaker. Waterville, ME.
- **Claiborne, TL**. (2005) Preventing knee injuries in female athletes. *The Gorham Times*, pp. 20.
- Bender, JA, **Claiborne, TL** (2000). Turf toe injuries: Correctly diagnosing and uncommon injury. *Sports Medicine Alert*, 6(4), 28-29.
- **Claiborne, TL**. (2002). Female ACL Tears - Current Concepts. Invited Speaker. The University of Toledo, Toledo, OH.
- **Claiborne, TL**. (2000). Ten Most Common Mistakes When Using Therapeutic Ultrasound. Invited Speaker. Bowling Green State University, Bowling Green, OH.
- **Claiborne, TL**. (2000). Proper Application of Therapeutic Ultrasound. Invited Speaker. Sports Care Rehabilitation, Toledo, OH.

Master's Thesis Chair

- Borucki, M (2023/24). Understanding the relationships between sleep, hydration, heart rate, and perceived exertion in female ice hockey players
- Bahr, R (2023/24). Hydration status, sweat rates and fluid replacement habits of female ice hockey players
- Udell, G ((2023-24). Factors influencing high school students' interest in athletic training and allied health Careers
- Vidusic, A (2022/23). The influence of varying weight chart protocols on the detection of dehydration
- Crowley, M (2022/23). Exploring current practice for preceptor development
- Heller, H (2022/23). Emergency action planning for NCAA division I rowing: an examination of current practices (Presented at NATA)
- Bucher, R (2021/22). Athletic Trainers' Adherence to AHA Cardiopulmonary Resuscitation Guidelines (Presented at NATA)
- Zdan, K (2021/22). Hydration status, sweat rates and fluid intake during an on-ice training session in women ice hockey players (presented at NATA)
- Moreno, J (2020/21). The quality of cardiopulmonary resuscitation skills in athletic trainers (Presented at NATA)
- Zyzelweski, A (2020/21). Theory of planned behavior as a predictor of athletic trainers' hand hygiene
- Pangani, J (2019/20). The influence of an intergroup dialogue-based workshop on athletic trainers' cultural competence (Published)
- Archambeau, B (2019/20). The comparison of body mass charts, urine specific gravity, and urine color to determine hydration status (Presented at NATA)
- Emerson, H (2019/20). A comparison of impact attenuating capabilities of ice hockey helmets with and without XRD Foam (Published)
- Adams, J (2017/18). The effect of 2nd skull skullcap on the protective properties of ice hockey helmets (Presented at NATA)
- Josz, C (2017/18). The effect of unilateral ankle bracing on vertical jump performance and lower extremity kinematics
- Feekings, B (2017/18). Effect of comfort on an athlete's desire to wear protective skull caps

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- Cameron, B (2016/17). Knowledge of coaches and parents regarding recognition and pre-hospital care of potentially catastrophic events youth sports
- Reedy, L (2016/17). The influence of parent education on helmet fit in youth ice hockey players (Presented at NATA)
- Borup, E (2015/2016). Gender comparisons of lower extremity muscle activation during dryland training exercises in collegiate ice hockey athletes
- Starr, B (2015/2016). The effect of ammonia smelling salts on isokinetic torque, power, and alertness
- Andonian, A (2015/2016). Acute effects of self-foam rolling on concentric knee extension torque and power
- Antos, A (2015/2016). Gender comparisons of electromyography of the lower extremity muscles during the ice hockey skating stride
- Essenmacher, C. (2014/2015). The presence of fungi in ice hockey gloves
- Fougousse, C. (2014/2015). The influence of hydration education on hydration status of youth ice hockey players
- Gallatin, M. (2014/2015). The effectiveness of the Bernese Ankle Rules in the Athletic training setting
- Rossi, A. (2014/2015). The influence of friction between football helmet and jersey materials on force: A consideration for sport safety (Published)
- Smith, B. (2013/2014). Influence of ankle bracing on lower extremity kinematics as well as gastrocnemius and soleus EMG during the vertical jump (Published)

College/University Service/Awards

- Winter Commencement Speaker – Adrian College, 2024
- Institute for Sports Medicine – *Inaugural Director Adrian College, 2017-18, 2021-present*
- College in Three Ad Hoc Committee – Adrian College, 2024-2025
- College of the Future Ad Hoc Committee – *Adrian College 2023-2025*
- Institutional Review Board – *Adrian College, member 2009-present, Chair 2010, 2016-2018*
- Adrian College Faculty Mentor – 2012-2025
- Adrian College Ribbons of Excellence Scholarship Program Mentor, Moderator & Judge- *Adrian College 2008-present*
- Creativity Committee – *Adrian College, 2016-present*
- Adrian College Faculty Honor Spotlight, 2024
- Adrian College Outstanding Teaching Award/Ross Newsom, 2022
- National Society of Leadership & Success – Impact Leader Award, 2022
- Adrian College Faculty Parliamentarian, 2020-2022
- Board of Trustees - Associate Trustee and/or Representative – *Adrian College, 2016- 20,2022-23, 2024-present*
- Invited by NATA President to represent NATA as an expert panelist at the first Utstein-style summit on sudden cardiac arrest in sports in order to update the consensus statement and standard of care, 2020
- Collegium/Division Chair – *Adrian College, Chair 2019-2021*
- Adrian College Stewardship Award – *Adrian College Alumni Office, 2014*
- Distance Learning Ad Hoc Committee – *Adrian College, 2015-2016*
- Convocation Committee – *Adrian College, member 2015-2017*
- Athletic Oversight Committee/Faculty Athletic Representative – *Adrian College, 2010-2015*
- Disabilities Awareness Committee – *Adrian College, 2009-2016*
- College Environment Committee – *Adrian College, 2009- 2011*
- Strategic Planning Ad Hoc Committee – *Adrian College, Chair 2010-11*
- AT and Exercise Science faculty search committee (Chair) – *Adrian College, 2008, 2009,2014, 2015, 2016*
- Certified Clinical Instructor Educator (CIE) -2008-2013
- ACI/Preceptor Training Seminar Leader and/or presenter– *Adrian college, Summer 2008-2015*
- Ren. II Technology Committee/Classroom Technology Sub-Committee – *Adrian College, 2008-2010*
- Invited Speaker, Board of Trustees weekend – *Adrian College, 2008, 2009, 2010, 2013,2014*
- University Student Success Committee –*USM , 2005-2007*
- University Early Alert Committee – *USM, 2006-2007*
- Athletic Training Advancement Committee (Chair)– *USM, 2003-2007*
- Athletic Training Admissions Committee (Chair)– *USM, 2003-2007*

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- Athletic Training Curriculum and Program Evaluation (Chair) – *USM*, 2003-2007
- Health Sciences Admissions Committee (Chair) – *USM*, 2005-2007
- Uniscope Task force – *USM*, 2005-2006
- College of Nursing Curriculum Committee – *USM*, 2005-2006
- Department Recruitment and Retention Committee – *USM*, 2004-2005

Service Activities & Related Experience

- Executed concurrent enrollment and articulated credit agreements with Health Science CTE programs- 2025
- Coordinator of strategic partnerships with EMS – 2014-present
- ROTC & Meet the Army Community Day Organizer – 2023-present
- Washtenaw Intermediate School District Sports Medicine Advisory Committee – 2021-present
- Madison School District Trustee: Board of Education –2016-2022
- Army National Guard Holistic Health and Fitness (H2F) Annual Symposium – Invited Panelist, April 2022
- CAATE Nominating Committee – October, 2016
- Accreditation Activities
 - Authored CAATE re-accreditation self-study report for MS AT Program – 2015, 2025
 - Fall 2015 site visit resulted in zero citations and 10 years continuing accreditation
 - Chair and primary author of Adrian College Program Review self-study report for ESPE Department – 2015
 - Authored CAATE substantive change self-study report for MS AT Program – 2014
 - Resulted in CAATE accreditation of graduate program in Athletic Training
 - Authored CAATE self-study report for BS ATEP Accreditation – 2010
 - Initial accreditation site visit revealed zero non-compliances and maximum years of accreditation
 - Co-Authored HLC/NC self-study report for MS and Athletic Training - 2010
 - CAATE site visitor, 2007-2013
 - Authored CAATE reaccreditation self-study for the U. of Southern Maine, and coordinated site visit -2005/06
 - Program received maximum number of years of reaccreditation, 2007
- Manuscript Reviewer
 - Athletic Training Education Journal – Manuscript Reviewer
 - Physical Therapy in Sport – Manuscript Reviewer
 - Journal of Sports Science and Medicine- Manuscript Reviewer
 - Medicine and Science in Sport and Exercise – Manuscript Reviewer
 - Journal of Sport Biomechanics – Manuscript Reviewer
- Conference & Professional Services
 - Invited Panelist for the Army National Guard Holistic Health and Fitness (H2F) first annual conference, Little Rock, AK, April, 2022
 - NATA Executive Council on Education “What’s Next” Webinar series guest speaker, 2016
 - “Critical Appraisal of Clinical Prediction Rules in the Athletic Training Setting,” Adrian College Evidence Based Practice Lecture Series, 2015
 - NATA Strategic Alliance focus group – Bachelor’s to Master’s degree transition
 - “The Appropriate Professional Degree for Athletic Training,” Michigan Athletic Trainers’ Society Clinical Symposium, Invited Panelist, 2015
 - National Athletic Trainers’ Association Annual Meeting moderator, 2008,2012
- Certifications & Licenses
 - Certified Strength and Conditioning Specialist (CSCS), 2005-present
 - ACSM Exercise is Medicine Certified (EIM¹) – 2017-present
 - United States Anti-Doping Agency – Certified Doping and Blood Control Officer. 2005-present
 - Perform national in and out of competition drug testing on Olympic and professional athletes
 - Michigan State Licensed Athletic Trainer – 2012-present
 - ARC CPR Professional Rescuer/First Aid Certified – 1995-present

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- Adrian College Certified Online Learning Instructor – 2017-present
- Safe Sport Certified – 2017-present
- Certified Spinning Instructor, 2009-2014
- Certified Clinical Instructor Educator -2008-2012

Grants and Other Scholarship Funding

- Adrian College Faculty Research Grant, 2023, \$4,475.00 (funded)
 - The Influence of Hydration Status on Heart Rate, Fatigue and Sleep Duration in Women’s Ice Hockey Athletes
- World Anti-Doping Agency Tier 3 Social Science Research Grant, 2022, \$19,979.00 (not funded)
 - Perceived Teammate Doping Confrontation Efficacy and Athletes’ Doping Consideration
- Michigan Athletic Trainers’ Society Research Assistance Grant, 2020, \$500.00 (funded)
 - The Quality of Cardiopulmonary Resuscitation Skills in Athletic Trainers
- Adrian College Faculty Research Grant, 2016, \$3,500.00 (funded)
 - Does preventative ankle bracing alter lower extremity kinematics and sport performance on the un-braced side?
- Ford Community Grants, 2015, \$67,585.00 (not funded)
 - Co-authored a proposal for a simulation manikin for teaching emergency medicine
- Adrian College Grant for Health Sciences, 2012, \$95,000.00 (funded)
 - Co-authored an internal proposal for funds from a larger health sciences grant that resulted in the acquisition of plastinated human anatomy specimens for anatomy instruction
- Adrian College Faculty Research Grant, 2010, \$4,567.50 (funded)
 - Does the Smartpen improve academic self-confidence in students with learning disabilities?
- Adrian College Faculty Research Grant, 2009, \$1,500.00 (funded)
 - A Comparison between mouth guard types and athlete compliance
- University of Southern Maine Center for Technology Enhanced Learning Grant, 2007, \$2,500.00 (funded)
 - On-line athletic training course development
- University of Southern Maine Faculty Technology Grant, 2007, \$2,500.00 (funded)
 - Development of a PDA software program for approved clinical instructors of athletic training
- University of Southern Maine Teaching Enhancement Grant, 2005, \$250.00 (funded)
 - Collaborated with students in the School of Engineering to build an electrogoniometer
- University of Southern Maine Faculty Technology Grant, 2005, \$2,500.00 (funded)
 - Purchased a telemetric EMG system for teaching and research
- University of Southern Maine Faculty Senate Grant, 2004, \$2,495.00 (funded)
 - Performed research on hip strength and lower extremity kinetics and kinematics
- University of Southern Maine Faculty Technology Grant, 2004, \$1,770.00 (funded)
 - Subsidized the purchase of a force platform

Professional Organizations

- National Athletic Trainers’ Association, *Certified Member, 1995-present*
- Great Lakes Athletic Trainers’ Association, *Certified Member, 2007- present*
- Michigan Athletic Trainers’ Society, *Certified Member, 2007- present*
- Armed Forces Athletic Trainers’ Society, *Member 2023-present*
- Collegiate Athletic Trainers’ Association, *Member, 2019-2023*
- Eastern Athletic Trainers’ Association, *Certified Member, 1995-1998, 2003-2007*
- Maine Athletic Trainers’ Association, *Certified Member, 2003-2007*
- American College of Sports Medicine, *Member 2000-2004, 2006*