

## **Heather Schneider, EdD, AT, ATC, LMT**

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### **Education**

Doctor of Education- University of St. Augustine

Master of Arts in Exercise Science- University of South Florida

Bachelors of Science in Athletic Training- Eastern Michigan University

### **Professional Experience**

HLC Assessment Academy- Team Member

NCAA Division III- Management Council Member

CAATE Peer Reviewer

Adrian College- Professor, Faculty Athletic Representative, Nutrition Liaison

University of Tampa- Assistant Athletic Trainer, Instructor

Morton Plant Mease Hospital- Athletic Trainer Osceola High School

University of South Florida- Certified Graduate Assistant Athletic Trainer

Northwestern University- Intern Athletic Trainer

### **Current Professional Licensures and Certifications**

Licensed Athletic Trainer- State of Michigan

Licensed Massage Therapist- State of Michigan

Certified Massage Therapist- National Certification Board of Therapeutic Massage & Bodywork

Certified Athletic Trainer- National Athletic Trainers Association Board of Certification

### **Courses:**

Medical Terminology

Introduction to Athletic Training & Lab

Prevention & Pre-hospital Care

Athletic Training Clinic Skills & Seminar I

Athletic Training Clinic Skills & Seminar II

Athletic Training Clinic Skills III

Athletic Training Clinic Skills IV

Athletic Training Clinical Skills V

Athletic Training Clinical Skills VI

Exam & Diagnosis II Course & Lab

Mental & Behavioral Health

Athletic Training Exam Prep

### **Publications**

Young, C., Marra, J., Schuyler, H.: Athletic Training Students' Knowledge and Awareness of Diversity and Inclusion to Provide Culturally Competent Care. Published, *Athletic Training Education Journal*, Adrian College, December 2024.

Schuyler, H., Seguin, B., Wilkins, N., & Hamson-Utley, J.: Psychological Aspects of Athletic Training. Published, *Oxford Research Encyclopedia of Psychology*. Ed., Adrian College, March 2018.

Schuyler, H.: An Economical Alternative to the “Quick Fill Bottles”. Published, *NATA News*, Adrian College, April 2011.

### **Book Reviews**

Schuyler, H.: Review of *Epidemiology for Athletic Trainers: Integrating Evidence-Based Practice*. Slack Incorporated. March 2015.

Schuyler, H.: Review of *Orthopedic Taping, Wrapping, Bracing, & Padding*. F.A. Davis Company. June 2014.

Schuyler, H.: Double-blinded review of *Talking Body, Listening Hands*. Pearson. August 2012 & 2013.

Schuyler, H.: Double-blinded review of *Ethics and Professionalism in Massage Therapy*. Pearson. March 2012.

Schuyler, H.: Double-blinded review of *Clinical Orthopedic Massage Therapy*. Pearson. December 2011.

### **Presentations**

Schuyler, H.; Ward, D.: Concussion Management: The non-sport Aspects. MI-AHEAD, Grand Rapids, MI, June 2018.

Schuyler, H.: Concussion Management: The non-sport Aspects. HomeCEU, Plano, TX, December 2017.

Almquist, J., Schuyler, H.: Get Your Head in the Game: Concussion Workshop. Current Concepts in Concussion Evaluation and Management. Heartland Orthopedic Specialists, Douglas County Hospital, Alexandria, MN, March 25-26, 2017

Grubbs J., Claiborne T., Schuyler, H.: A Comparison of Kinesio Tex Tape and Elastic Tape on Inhibition of the Upper Trapezius. NATA Poster Presentation, Adrian College, June 2011

Schuyler, H.: Utilizing a Flexi-ruler for Postural Analysis of the Spine. MATS Poster Presentation, Adrian College, June 2011

Goss, H.: Student Perception of the Effectiveness of a First Year Mentorship Program. MATS Poster Presentation, Adrian College, May 2009