

# Healing Hands on Campus

## Therapeutic Massage Now on Campus

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**“We believe human touch is essential for well being”**

Healing Hands Massage Studio is now offering therapeutic massage on the Adrian College Campus for students, faculty, and staff, at discounted rates.

Massage sessions will be held at the Arrington Ice Arena in the Synchronized Skating locker room beginning September 4th.

Appointments are available Tuesday and Thursday from 11– 4.

Massages are by appointment. For more information or to make an appointment call (517) 266-9601. Please ask for Cyndi.

### *Benefits of Massage*

*Relieves:*

- *Stress of school and work*
- *Headaches*
- *Muscle tension*
- *Muscle pain and spasm*

*Promotes:*

- *Increased circulation*
- *Increased mental alertness*
- *Relaxation*
- *Sense of well-being*
- *Speed of healing after injury*

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Healing Hands Massage Studio, LLC

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