

Skaters First and Last name:

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Name of Parent or Guardian :

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Phone Number: home & /or cell

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Skaters Address:

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Email:

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Skaters age & birth date.

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Emergency Contact's Name and Number:

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Has the skater ever had lessons before and if so up to what level, have they tested & their USFSA #, if available?

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Will the Skater be wearing Hockey or Figure Skates?

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Any additional Information that we should be aware of?

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We reserve the right to cancel a class due to rink conflict. In such a case, a makeup class will be scheduled. No cancellation calls or letters will be made or sent.

Cancellations/ schedule changes will be posted in main office of the arena , 1 week prior.

## Spring Lesson Dates and Times

4-7 yrs old- 7-7:40pm

8 and older- 7:50-8:30pm

### MARCH

MONDAYS AND WEDNESDAYS

1, 3, 8, 10, 15, 17, 23, 24

**SPECIAL END OF THE SEASON  
OPEN SKATE FOR FRIENDS AND  
FAMILY**

**28TH 3-5PM**



**Adrian Youth  
Skating  
Association**

**Come Have  
Fun & Skate  
with us!**



# Common Questions About Skating

## What age is too young for skating lessons?

We recommend that kids be at least 4 or 5 years of age for group class. It is also recommended that you take your child to a public skate first to see if they are really interested in skating.

## Is this only for young girls interested in figure skating?

**Absolutely not!** That is the biggest misconception that we have with our program. It is open to Hockey players and Figure Skaters alike. There is even an adult program so people at any age can learn to skate. There are still adult skaters competing well into their 80's, so there is no such thing as too old! Many NHL players started out with lessons in the USFSA basic skills program. They develop their skating skills first, then implement the stick later without having to use it for support. This program produces better overall skaters in the long run, because they have a solid foundation to build on with their skating skills.

## What about Skates?

At Arrington Ice Arena we have skates available in sizes youth 9 thru adult men size 13 for rent. With the basic skills classes the skate rental fee is included in your registration. If you have your own, figure skates, hockey skates and plastic skates are accepted. Double runners are NOT accepted.

## Can my son or daughter use one of those pushy things?



Yes they are available but we only allow very young/ new skaters to use them. HOWEVER, they are highly discouraged!

## WHAT TO WEAR

- Comfortable, flexible warm clothing.
- Dress in layers!!
- Mittens or gloves HIGHLY recommended.

**NOTE: Helmets are required for all beginners.**

## Bike helmets are permitted

### Included in your class fee is:

- Nine 40 minute group Lessons by qualified instructors.
- A brightly colored record book with stickers to track your progress through the lessons.
- General Information about Ice Skating.
- Basic skills membership that is good for one year, as well as badges and certificates.
- Rental Skates
- A punch card good for 9 FREE public skates at the Arrington Ice Arena.

**LOTS OF FUN!!!**



## Classes we offer here at Arrington Ice Arena

-Snowplow Sam

-Basic Skating Skills

-Basic Hockey

-Freestyle Skating

-Private Lessons are available upon request.

*Please Fill out the form and send it in with a check for \$90 made out to the following address, or just stop in!*

- **CASH AND CREDIT NOT**
- **ACCEPTED\***

**Adrian Youth Skating Association**

**110 S Madison St.**

**Adrian, MI 49221**

*Questions? Please contact*

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*X 5008 or 5011*